

The Bras D'Or Lake Biosphere Region Association Presents

WALK THE WATERSHED 2024! – An exploration of Biosphere Trails and

A WalkThrough Time

An interpreted hike of Goat Island Trail

When?

1:00 p.m.

Saturday – July 27, 2024

Rain date – Sunday – July 28, 2024

Where?

Parking lot Goat Island Trail – Eskasoni Road, Route 216

**Just before and across the road from Goat Island View Café coming
from Sydney on the East Bay Highway**

Join the Bras d'Or Lake Biosphere Region Association for a Walk through Time, the Association's third hike of 2024. We will travel along Goat Island trail, a 2.3km loop with a short connector trail well worth exploring. The trail is perfectly situated to highlight the unique nature of the Bras d'Or Lake as this tiny island hosts an abundance of native flora and fauna and several sites that are home to ancient trees that provide their own sense of magic. Learn why the Island is so-named from an interpretive guide who will share with us the rich Mi'kmag history and culture that has thrived here for thousands of years. Watch for Bald eagles that nest here and the songbirds that call the Island home.

Trail difficulty: Easy. This a well-maintained, level and wide 2.3 km looped trail with short spur trails leading to culturally significant sites.

We will meet in the parking area at the trailhead on Saturday, July 27, 2024 at 1:00 p.m. Please wear weather-appropriate clothing and footwear and bring water. Snacks optional!

Please visit our website at blbra.ca for more information. Registration requested.

Eskasoni Cultural Journeys Goat Island Trail



You are here

Trail Notes:

Approximate length from parking lot:
 - main loop 2.0 km- follows shoreline
 - a 0.3 km trail crossing the loop

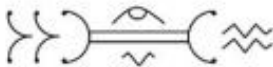
Early succession and mature tolerant hardwood forest
 Tolerant hardwoods interior of island
 Mixedwood forest around shore
 (Eastern hemlock, Eastern white pine, Sugar maple, Yellow birch, Red maple)
 Small barchois pond at east end of trail

Benches along route
 Cultural information sites along route

Parking
 Restrooms and Gift Shop on site

The Trail is maintained by
 Eskasoni Cultural Journeys

Maximum elevation - 20 m
 EFFORT: Easy



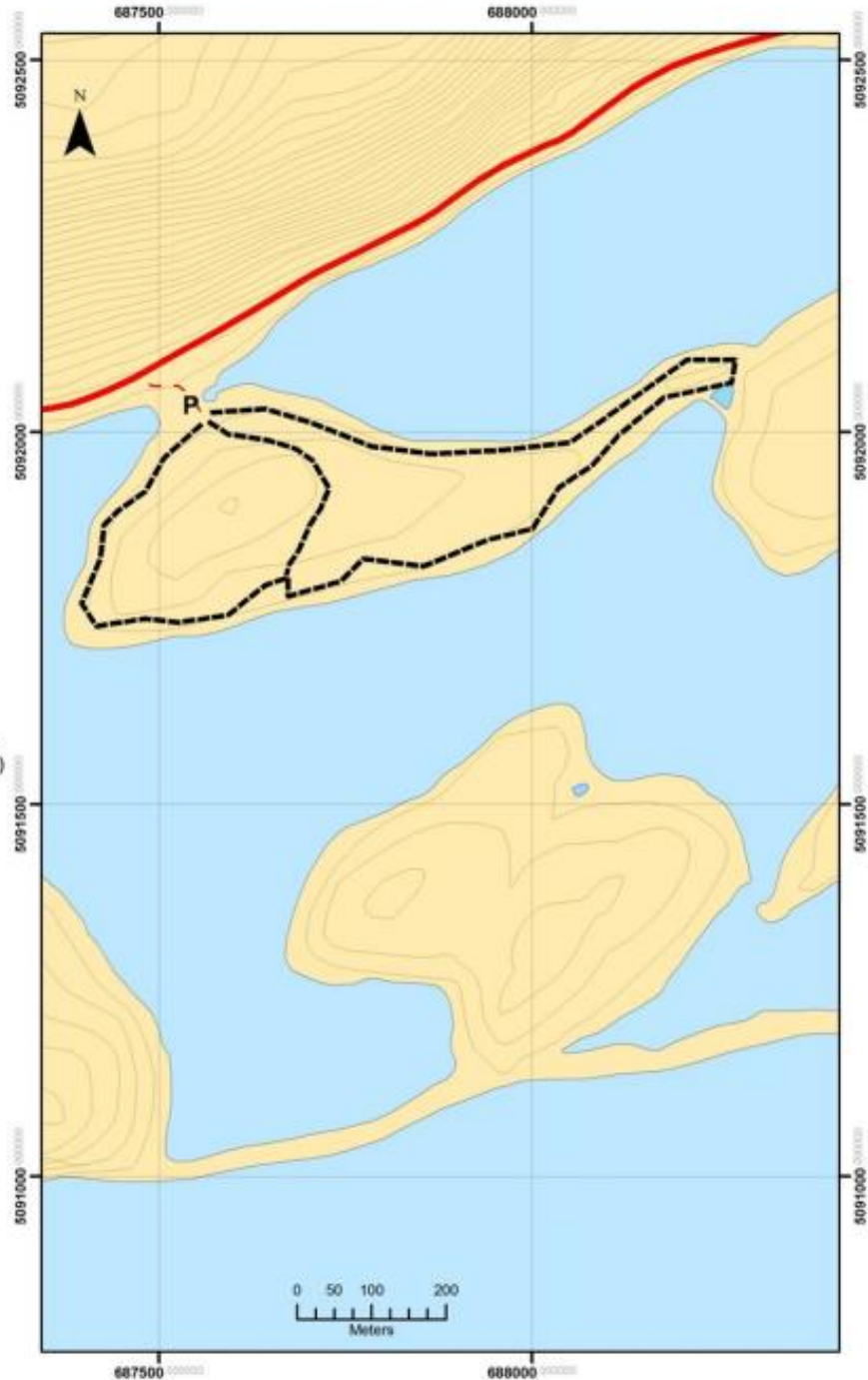
www.blbra.ca



Yours to explore
 Yours to enjoy
 Yours to nurture

KI'LEWEY
PITU'PA'Q
 BIOSPHERE REGION

Ki'lewey mili-ala'sin
 Ki'lewey wlapesin
 Ki'lewey Wli-anko'tmn



Please carry out what you bring in, respect the landowner's property
 and know you are on the trail at your own risk. Have Fun!

'Walking Around the Bras d'Or'

A project of the Bras d'Or Lake Biosphere Reserve Association

Recreation distributed from
 Shellfish Fundy
 Service Home Shelter and Municipal Regions
 Recreation, Universal Transportation Network
 Greater Coast - 443-833-5443 or The Coast 24
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