



MOST PEOPLE KNOW ABOUT CAPE BRETON'S BEAUTY

"Walking Around the Bras d'Or" adds one more reason to dream about Cape Breton.

Volunteers have already started mapping the best parts of the Biosphere. Old roads and paths, waterways, existing trails, local creature comforts, and cultural and historical points of interest have been marked.

These volunteers see their work as a labour of love. They also know this trail is for their children and grandchildren – it is a "forever" trail.



BRAS D'OR LAKE *and its watershed*

OUR DREAM FOR A TRAIL NEEDS HELP

We have come this far because of the work of dedicated volunteers and community groups.

We need more help to make this trail happen. Volunteers with:

- > energy
- > ideas
- > muscles
- > cash

We need all of you "Walking Around the Bras d'Or".

For more information, please go to our website:

BLBRA.CA

*The heart
of Unama'ki
Cape Breton Island*

a UNESCO
Biosphere Reserve –
an extraordinary honour
for a unique place



Walking Around the Bras d'Or

IT'S ALL
ABOUT
COMMUNITY

The Mi'kmaq have lived here for thousands of years. The influence of the five communities in the Biosphere is what makes dreaming about this "Awti'j" (trail) even more vital.

The concept of "Two-Eyed Seeing" links Aboriginal and non-Aboriginal thinking. One eye learns using indigenous knowledge and the other eye learns using mainstream knowledge. They see together.

Think of the history, the culture and the ecosystem while walking the trail using "two eyes".



*Anko'tminew -
to care with your entire being - to care with all your
heart and soul to build this trail -
to celebrate Creation in the Biosphere.*

THE DREAM:

A Walking Trail
connecting
the Bras d'Or
community,
around the
watershed.

- > Celebrating a dynamic ecosystem
- > Stimulating tourism and other community endeavours
- > Encouraging healthy living through exercise
- > Developing cross cultural understandings

We already know about some of the old paths and trails. Some are already being improved. We need to develop and then connect all the paths to make one magnificent trail. Some routes will follow the shoreline; others will travel the hills and valleys of the watershed.

Our dream will connect our communities...from Ben Eoin to St. Peter's, from Marble Mountain to Whycocomagh to Baddeck, from Victoria County to Eskasoni and every place in between.

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